

Expiry: 15/04/2021



### About this test:

This report provides feedback about the CreativityQ assessment you recently completed. This report presents:

- Your Overall Creativity result

- Your Creativity Profile, which consists of four key dimensions: Risk Taking, Idea Generation, Conscientiousness and Drive for Change

- An analysis of your Natural Style, Behaviour and Motivation, which consists of three additional attributes: Preferences, Frequency and Enjoyment.

Your result for each section will be expressed as a sten score, presented on a 1-10 scale. This score is pretty stable, however, the two shaded stens either side of your score indicate the range your score may fluctuate over time.

Your results are based upon statistics and therefore the higher your sten score the more likely you are to understand the Creativity dimensions. However, as our reactions and behaviours are under our conscious control, you may not always display these behaviours as we can modify our actions dependent on the situation.

#### Comparison group:

To gain a full understanding of your performance on the test, your test score has been compared to that of a large group of individuals who have taken these tests in the past. This is known as a comparison group.

#### Interpreting stens:

Sten 1: stronger preference than about 1% of the comparison group Sten 2: stronger preference than about 5% of the comparison group Sten 3: stronger preference than about 10% of the comparison group Sten 4: stronger preference than about 25% of the comparison group Sten 5: stronger preference than about 40% of the comparison group Sten 6: stronger preference than about 60% of the comparison group Sten 7: stronger preference than about 75% of the comparison group Sten 8: stronger preference than about 90% of the comparison group Sten 9: stronger preference than about 95% of the comparison group Sten 10: stronger preference than about 99% of the comparison group





*Creativity will be seen wherever something is imagined, designed or produced that did not exist before.* 

All people are creative, however not all creative people are alike. Creativity ranges from little c 'everyday creativity' to Big C displays of 'extreme originality'. Differences in expressed creativity result from differences in individual style. CreativityQ is concerned with style of creativity, not level or ability.

The term 'creativity' may be applied across the cycle of idea generation, application and evaluation. CreativityQ measures four key dimensions that contribute to an individual's creativity style:



An individual's style may be described as more adaptive or more innovative. The four key dimensions contribute to these styles as follows:

A more **adaptive style** is typically characterised by increased care and thorough evaluation whilst problemsolving, with solutions commonly building on previously established procedures. An individual who is more adaptive is generally supportive of change where the benefits are evident.

A more **innovative style** is typically characterised by a focus on generating novel ideas and solutions that stretch perceptions of what is possible. An individual who is more innovative is generally less concerned with long-term planning, instead evaluating the situation as it unfolds.

The CreativityQ tool provides individuals with a personal profile of their creative problem-solving style. This profile might be used as a discussion point to enhance personal self-awareness, improve understanding of others and facilitate team-working, and highlight individual-organisational culture fit.



# **Overall Creativity:**



Your overall score indicates that your creativity style is representative of most of the population. You have no strong preference for one style over the other, though the results show that you may use an adaptive style more often.

### **Overall Style Analysis:**

People have a tendency towards either an innovating or adapting style. The closer your score to the centre of the scale, the weaker this tendency is. The closer your score is to either end of the scale, the stronger your tendency is. This tendency will affect the degree to which you tend to behave in an innovative or adaptive way when presented with a problem-solving situation. Your profile below provides an overall picture of your tendencies for each of the four key dimensions. Further description is provided later in this profile report.







### Your Scores:

Risk Taking	You have no strong preference for either an adaptive or an innovative approach to risk taking. You may take decisions without ascertaining all the facts on occasion, whilst on others wanting to be more cautious. This flexibility of approach may be linked to other aspects of the situation, such as the people involved or your previous experience in the area under discussion.
Idea Generation	You have a stronger preference for taking an adaptive approach than most people, preferring to base your ideas on things that are tried and tested. You may need to ensure that you are receptive to new and different ideas when these are suggested by others.
Conscientiousness	Your profile shows that you are typical of most people in your approach, being neither overly conscientious nor particularly unstructured. You will structure your work to some degree, but may not follow through on plans or detail.
Change Preference	Your attitude to change shows no strong preference for either an adaptive or an innovative approach. You will be flexible and adopt the style that most suits the situation at the time. You will be able to see the benefits of both adapting existing processes and for designing from the start. This means that you will be able to work with people who have a marked preference for one style or the other, whereas they each may not be able to understand the opposite point of view, which can lead to tension or even conflict within the group.

## Self-Reflection Starting Questions:

Are you aware of your own typical natural preferences and behaviour? How do these fit with the organisation and industry that you work in? How do these fit with your role?

One or the other style may be more appropriate and indeed an advantage on occasion in your work context, whilst there may also be situations where the opposing style is more appropriate. Are you aware of these? What impact does this have on your behaviour?

What is your boss' style? What are your colleagues' typical styles? How do these combinations fit with your own?

How can you value someone with a different set of scores to yourself?



Your overall score is composed of three subsets of scores, corresponding with the three sets of questions that you responded to. These were concerned with your expressed natural preference, perceived opportunities in your present circumstances and your motivational drivers. Where there is a high degree of alignment between these three, you will maximise your performance at work. Where there are discrepancies, however, this can lead to feelings of discomfort or dissatisfaction, or may result in inconsistent job performance. Common causes for discrepant patterns of results include demands of specific projects or roles, organisational expectations, working practices or organisational culture.

More Adaptive	1	2	3	4	5	6	7	8	9	10	More Innovative
Preferences:											
Frequency:											
Enjoyment:											

#### Your Scores:

Preferences:	You have no expressed preference for either an adaptive or an innovative style, being able to work in either manner as required.
Frequency:	If asked, others would say that you sometimes work in an adaptive way, taking an existing idea and making it better; at other times you work in an innovative style, working from a blank sheet and generating something new and different.
Enjoyment:	You are happy to work in either an adaptive or an innovative manner, meaning that you will be comfortable with whatever is asked of you in any particular situation.



A



## Resources to help you develop your skills:

Please find below some example resources and methods to help develop Creativity skills:

One useful resource to help improve understanding and knowledge on Creativity could be to visit the Ted Talks website (ted.com/topics/creativity). There is a section specifically on Creativity, providing useful insight and discussions about this topic.

To view a range of resources try Internet searches for 'Creative Thinking' and 'Developing Creativity Skills'. This will help you find a variety of up to date resources, books, PDFs and blogs to help you to improve develop Creativity.

To develop understanding of Creativity in the workplace environment specifically; the 'mindtools' website, outlines tools, quizzes and processes relating to Creativity. To view a range of resources try an Internet search for 'Develop Creativity in the Workplace' to access a range of up to date articles and research, outlining information, processes and ideas to help encourage Creativity in a work environment.





The question content of this test is the intellectual property of Symbiotics Ltd, A Blakebrook Group Company and Psyence, part of Dove Nest Group.

This test is licensed to Symbiotics Ltd by Psyence.

Report generated by Symbiotics Ltd, A Blakebrook Group Company, under licence from Psyence, part of Dove Nest Group.

Psyence: Millness Mill, Crooklands, Milnthorpe, LA7 7NS

Symbiotics Ltd: Teme House, Worcester, WR5 2RY

www.symbioticsltd.co.uk

To discuss other assessment programmes -

Contact our team on +44 (0) 1905 368175, adapt.admin@ symbioticsltd.co.uk